

**SOUTHEASTERN UNIVERSITY DEPARTMENT OF ATHLETICS
STUDENT-ATHLETE RETURN TO CAMPUS PROTOCOLS
AND RECOMMENDATIONS**

Opening Statement:

The Southeastern University Department of Athletics is committed to keeping student-athletes, staff, coaches, campus and the community as safe as possible amid the COVID-19 pandemic. To this end, the department's transition back to sport participation will be done in a measured, disciplined way that accounts for the safety and well-being of everyone involved.

In consultation with medical professionals and University administrators, a logistical, tactical and data-driven plan has been developed that will allow for the return of student-athletes to University facilities. The plan will remain flexible in order to adequately conform to up-to-date guidance from the Centers for Disease Control and Prevention (CDC), the State of Florida, Polk County, The Sun Conference, and the NAIA. So, while the information below is not all inclusive, it does provide an overview of the steps the institution is taking to address student-athlete safety and community health.

Table of Contents:

The following areas will be addressed in this document to the extent that it provides direction for students, coaches, staff, and administrators, as well as parents. Again, we will continue to follow guidelines and recommendations by other professionals to keep this document fluid and up-to-date with current recommendations.

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EDUCATION

It is important to educate throughout all phases of return to sport, including prior to student-athletes' return to campus. It is also imperative to note that this is unprecedented and daily new research and data are being collected.

- ❑ Prior to returning to campus, each team/player will receive an email with an informational letter and FAQ describing the Athletic Department's process for student-athletes returning to campus. (Appendix A)

- ❑ In the coming days before official arrival for each team, there will be video chat (Zoom/Google Hangout) which will help to provide formal education on prevention techniques and daily protocols. The head athletic trainer will lead this meeting in conjunction with the ATC assigned to the team. Attendance is mandatory and will be documented. An opportunity for questions will be provided during the call.

PRE-PARTICIPATION REQUIREMENTS

- ❑ **Physical Exam:** All new and returning student-athletes will continue to follow athletic department policy for pre-participation physical exams. Team physicians and athletic trainers will continue to review health history records and indicate need for further examination follow-ups on an individual basis.

- ❑ **Pre-Arrival Health Screening:** (Appendix B)
Approximately 10 days before scheduled arrival to campus, student-athletes will receive a screening questionnaire that must be filled out and returned no later than 7 days prior to arrival. This questionnaire will evaluate current/possible COVID-19 symptoms as well as possible exposure to other positive patients. The questionnaires will be reviewed immediately and those whose answers indicate cause for concern will be required to seek medical care prior to arrival on campus (doctor referral, testing, etc).

- ❑ Other baseline medical tests, including Impact concussion tests, and Sickle Cell trait testing will need to be completed before activities are engaged, per standing athletic department policy.

- ❑ Due to limitations from the pandemic and student-athletes' accessibility to proper weight training and conditioning facilities over the last number of months, the strength & conditioning and athletic training staffs will determine activity readiness for each student-athlete. This will include review of health history documents and may include sub-max exertional fitness tests as well as individual meetings if deemed necessary.



TESTING

- ❑ **Serology Testing (Student-Athletes):** All student-athletes will be required to be tested for the presence of IGM and IGG antibodies upon arrival to campus. This test will determine the presence of a previously unknown infection and provide information to indicate the need for possible further diagnostic testing in the future. Student-athletes tests that result in certain combinations of the antibodies will be managed by CDC and University guidelines including mandatory isolation and COVID-19 testing.

- ❑ **COVID-19 Diagnostic Testing (Student-Athletes):** All student-athletes will be required to be tested for the presence and/or active COVID-19 before their first game of the season. The date of the test will be determined by the Director of Athletics, in consultation with the Head Athletic Trainer and the University's COVID-19 Recovery Task Force. This test will determine the active presence of an infection. Student-athletes who test positive will be managed by CDC and University guidelines, including mandatory isolation.

- ❑ **COVID-19 Diagnostic Testing (Athletic Staff):** All coaches, athletic training staff, strength & conditioning staff, as well as others with direct, daily interactions with student-athletes will be tested for the presence of exposure and/or active COVID-19.

DAILY PROTOCOLS AND SCREENINGS

- ❑ All student-athletes will be required to be screened on a daily basis to determine if they have symptoms that could correlate to a possible COVID-19 infection. This screening will be conducted before any strength & conditioning or practice sessions.
 - ❑ An infrared thermometer temperature check will be administered by a member of the athletic department (coach, athletic trainer, support staff, administration)
 - ❑ A symptom screening questionnaire will be administered in conjunction with temperature checks
 - ❑ Student-athletes will be required to wear masks indoors during meetings, PT appointments, evaluations, team meetings, etc.
 - ❑ Only student-athletes with a temperature <100.4F and a clear symptom questionnaire will be permitted to engage in team activities
 - ❑ **Positive Screening Plan:** Should a student-athlete's temperature be >100.4F, a secondary temperature screening will be administered in a climate controlled area via infrared or oral thermometer. Should that screening or symptom evaluation confirm positive symptoms, the student-athlete will be directed to Health Services and await further instruction in regards to follow-up medical evaluations.



- ❑ Athletic Training Rooms
 - ❑ Social Distancing will be enforced
 - ❑ Students should attempt to maintain 6ft distance, if possible
 - ❑ Therapy table locations will be modified as needed to facilitate recommendations
 - ❑ Rehabilitations will be moved out of the athletic training rooms, if possible, to provide better spacing. Home exercise programs will be encouraged.
 - ❑ Limited Numbers
 - ❑ All medical evaluations, treatments, and rehabilitation will be provided by appointment only by the attending athletic trainer
 - ❑ Pre-practice/event taping will be scheduled by staff on a weekly basis
 - ❑ Student-athletes should not be in the athletic training room unless approval is given at that time by a member of the athletic training staff
 - ❑ Student-athletes should utilize telehealth for initial medical inquiries, if possible
 - ❑ Team access may be staggered throughout the day depending on practice/game times
 - ❑ Flow of Traffic
 - ❑ Established separate entrances and exits in each facility, when possible
 - ❑ Prevention of congestion near entrances/exits via table arrangements and sign-in locations within facility
 - ❑ Personal Protective Equipment
 - ❑ Masks will be worn inside facilities for student-athletes/coaches/staff unless certain situations and activities prevent or are not indicated
 - ❑ Members of the athletic training staff will not be required to wear eye protection unless working with positive COVID-19 patients
 - ❑ Gloves should be worn by athletic trainers during extended exposed skin patient interactions, if indicated (e.g. massage)
 - ❑ Gowns: It is the recommendation that SEU clinical sites carry a minimal amount of isolation gowns in inventory but that they are not used in daily practice until the athletic trainer feels it is warranted.

III Patients/Positive and Negative Results Response

Student-athletes with signs/symptoms of an illness (i.e. fever, chills, sore throat, cough, shortness of breath, muscle pain, loss of smell or taste, nausea, or vomiting) will be instructed to call their athletic trainer **PRIOR TO** arriving at the facility for a health screening. Arrangements will be made to schedule an appointment with the team physician or other medical personnel/facilities as soon as possible. The student-athlete will report directly to the instructed location at the time of his/her appointment to be evaluated, tested (if indicated) and treated. The student-athlete will then return home with appropriate follow-up scheduled through his/her athletic trainer. This process will minimize the risk caused by an ill student-athlete interacting with others. Non-illness appointments (i.e. injuries) will be scheduled as previously stated.



- ❑ **Symptomatic Student-Athlete with a positive COVID-19 test**
 - ❑ Student-athletes will be required to isolate (directed isolation location) until the following criteria are met:
 - ❑ No fever for 24 hours (1 full day) without the use of anti-fever medication (i.e. Tylenol or Ibuprofen)—AND
 - ❑ Other symptoms have improved (i.e. improved cough or shortness of breath) —AND
 - ❑ At least 10 days have passed since initial patient symptoms
 - ❑ Student-athlete will undergo a fitness evaluation to determine a structured plan for re-acclimatizing him/her to activity, if necessary
 - ❑ Further testing may be required to screen for possible cardiac or pulmonary injury due to infection/hospitalization

- ❑ **Symptomatic Student-Athlete with a negative COVID-19 test**
 - ❑ Student-athlete will isolate at home (directed isolation location) with follow-up after the following criteria are met:
 - ❑ No fever for 24 hours (1 full day) without the use of anti-fever medication (i.e. Tylenol or Ibuprofen) —AND
 - ❑ Other symptoms have improved (i.e. improved cough or shortness of breath)—AND
 - ❑ May require a confirmatory COVID-19 test that continues to be negative. (due to risk of false negatives)
 - ❑ Student-athlete may or may not require acclimatization depending on his/her time away from activities.
 - ❑ Further medical evaluation may be indicated prior to return to participation.

- ❑ **Asymptomatic Student-Athlete with a positive COVID-19 test**
 - ❑ Student-athlete will be required to isolate at home (directed isolation location) until the following criteria are met:
 - ❑ At least 10 days have passed from the date of the first positive test assuming he/she has not developed symptoms from the date of the test
 - ❑ Student-athletes that subsequently develop symptoms after a positive test will be treated based on guidelines for symptomatic student-athlete
 - ❑ Confirmatory negative tests may be considered prior to return to team activities
 - ❑ Student-athlete will undergo a fitness exam to determine a progression back to activity in an effort to re-acclimatize him/her to activity, if necessary
 - ❑ Further testing may be required to screen for any cardiac or pulmonary injury due to infection

- ❑ **Isolation/Quarantine Process**
 - ❑ Isolation is used to separate people who have, or may have, been infected with the virus from people who are not infected. Students who have been diagnosed with COVID-19, are awaiting test results, or have symptoms of COVID-19 will need to isolate. Additionally, students who have had close contact (less than 6 feet distance without a mask for more than 15 minutes) with someone who has tested positive for COVID-19 may need to isolate, even if



they are asymptomatic for COVID-19. Students will work with their athletic trainer and will also be assigned a COVID case manager to review their personal plan.

- ❑ Students living in residence halls will not be allowed to remain in their regular campus residence during quarantine. Students who live in-state will be expected to return home to quarantine. The university understands that there may be travel challenges for students who live out of state. Quarantine spaces will be available on campus for students who are unable to return home.
- ❑ Students must quarantine until cleared by their athletic trainer or SEU COVID case manager to return to athletic and other campus activities.
- ❑ Students in university-supervised quarantine will be provided food, medical checks, counseling and other services as needed.

****Athletic Department Staff** will not be allowed at work during isolation and should utilize their homes for the isolation period.**

❑ **Contact Tracing**

- ❑ Contact tracing involves identifying and monitoring individuals who have had close contact with an infected student-athlete
- ❑ Close contact is defined as being less than 6 feet apart for at least 15 min(consistent) without a mask with someone infected with COVID-19
- ❑ Student-athletes who test positive for COVID-19 will need to identify those individuals who are considered close contacts
- ❑ Close contacts of a student-athlete who tests positive for COVID-19 will generally need to self-isolate for 14 days from date of last exposure, and monitor for any signs/symptoms of an infection unless otherwise directed by a physician
- ❑ Self-isolation will take place in the designated residence hall (Southpoint) until indicated recovery time as has been met.
- ❑ Use of diagnostic testing(negative results) to gain early removal from self-isolation will not be allowed. The student-athlete must acquire 14 days from last exposure.
- ❑ Re-acclimatization may be required after self-isolation
- ❑ Masks worn by both the individual infected and those not infected significantly reduce the risk of spreading infection and may help decrease the need for isolation.

Facility Management/Cleaning/Sanitation

- ❑ Facility Management
 - ❑ Custodial staff will be operating on specific guidelines to ensure facility cleanliness on a day-to-day basis
 - ❑ Locker rooms will be specifically disinfected for visiting teams prior to their arrival on game days. Those spaces will be prohibited to entry other than the assigned visiting team
 - ❑ Disinfecting by way of fogging will occur to ensure air and surface cleanliness
- ❑ Sanitization Considerations
 - ❑ Hand sanitizer will be made available in the athletic training facility



- ❑ Proper sanitization protocols will be in place for any and all equipment and treatment surfaces
- ❑ Following CDC recommendations, staff are encouraged to wear disposable gloves when cleaning and disinfecting surfaces
 - ❑ Gloves should be discarded after each cleaning
 - ❑ If reusable gloves are used, those gloves should be dedicated for cleaning and disinfection of surfaces for COVID-19 and should not be used for other purposes
 - ❑ EPA approved (Envirocide) disinfectant should be utilized after cleaning
 - ❑ Treatment tables and taping tables will be disinfected after each use, following the label on the EPA approved disinfectant to ensure proper soaking time
 - ❑ Countertops, ice machines, modalities, and other high-touch areas should be sanitized regularly
 - ❑ Ice machines, lids, and scoop handles should be disinfected frequently
 - ❑ Athletic training personnel and/or approved athletic staff are the only persons allowed to use the ice machine. Student-athletes will be prohibited from using the ice machine for filling water bottles.
 - ❑ Rehab equipment should be disinfected after each use by the user. Disinfecting wipes or spray will be available at multiple points throughout the rehab area.
 - ❑ Prior to modality use, the area of the patient's skin should be wiped with rubbing alcohol pads
 - ❑ The following modalities should be disinfected after each use:
 - ❑ E-stim pads and ultrasound heads
 - ❑ Instrument-assisted soft tissue and cupping tools
 - ❑ Massage gun heads should be covered with a glove, flexi-wrap, or something similar if being used directly on the skin and disinfected after each use
 - ❑ Consider placing a towel over the area you are planning to work on to avoid skin contact
- ❑ How to Clean and Disinfect
 - ❑ **Hard (Non-porous) Surfaces**
 - ❑ For disinfection, most common EPA-registered household disinfectants (Envirocide) should be effective.
 - ❑ Follow the manufacturer's instructions for all cleaning and disinfection products for concentration, application method and contact time, etc.
 - ❑ Additionally, diluted household bleach solutions (at least 1000ppm sodium hypochlorite) can be used if appropriate for the surface. Follow the manufacturer's instructions for application, ensuring a contact time of at least 1 minute, and allowing proper ventilation during and after application. Check to ensure the product is not past its expiration date.
 - ❑ Never mix household bleach with ammonia or any other cleanser
 - ❑ Unexpired household bleach will be effective against coronaviruses when properly diluted
 - ❑ Bleach solutions will be effective for disinfection up to 24 hours



- Prepare a bleach solution by mixing:
 - 5 tablespoons (1/3 cup) bleach per gallon of water, or;
 - 4 teaspoons bleach per quart of water
- **Soft (Porous) Surfaces**
 - For surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces. After cleaning:
 - If the items can be laundered, do so in accordance with the manufacturer's instructions using the warmest appropriate water setting, then dry items completely.
 - Otherwise, use products that are EPA-approved for use against the virus that causes COVID-19 and that are suitable for porous surfaces
- **Electronics**
 - For electronics such as tablets, touch screens, keyboards, remote controls, etc, remove visible contamination if present.
 - Follow the manufacturer's instructions for all cleaning and disinfection products
 - Student-athletes should disinfect before tablet usage/signing in
 - Tablet surfaces should be cleaned regularly
- **Linens, Clothing, and Other Items That Go in the Laundry**
 - In order to minimize the possibility of dispersing the virus through the air, do not shake dirty laundry
 - Wash items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completely. Dirty laundry that has been in contact with an ill person can be washed with other people's items
 - Clean and disinfect hampers or other carts for transporting laundry according to the guidance listed above for hard or soft surfaces
 - Use of gloves is required for handling dirty laundry
 - Gloves should be removed carefully to avoid contamination of the wearer and the surrounding area. Be sure to wash hands thoroughly after removing gloves.
 - Gloves should be removed after cleaning a room or area occupied by ill persons. Wash hands thoroughly immediately after gloves are removed.
 - Cleaning staff should immediately report breaches in PPE, such as a tear in gloves or any other potential exposures to their supervisor
 - Cleaning staff and others should wash hands often, including immediately after removing gloves and after contact with an ill person, by washing hands with soap and water for 20 seconds. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.



HYGIENE AND PREVENTION

- ❑ Social / Physical Distancing
 - ❑ Individuals should maintain a minimum of 6 feet of spacing between themselves and others at all times
 - ❑ Do not gather in groups with anyone you do not live with
 - ❑ Avoid crowded areas
 - ❑ Stay at home if you feel sick
 - ❑ Contact your athletic trainer immediately but **DO NOT GO TO THE ATHLETIC TRAINING ROOM UNTIL YOU HAVE AN APPOINTMENT**
- ❑ Hygiene and Handwashing
 - ❑ Washing hands with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer of at least 60% alcohol repeatedly throughout the day can decrease risk of illness and decrease spreading the virus to others
 - ❑ Avoid touching your face to decrease the risk of illness and decrease spreading the virus to others
 - ❑ Repeat hand washing or use of hand sanitizer after touching surfaces that may be touched frequently by others such as door handles or gas pumps, as well as after touching your face, nose, or mouth
 - ❑ Hand sanitizer will be available in multiple locations throughout athletic department facilities in the event that washing hands is not possible
 - ❑ Cover your mouth and nose with a disposable tissue or shirt sleeve anytime you sneeze or cough
- ❑ Masks or face coverings are required to be worn in athletic department facilities except in the following situations:
 - ❑ When an employee is working alone in an office or work space
 - ❑ When a student-athlete is performing physical/exertional activities
 - ❑ While eating or drinking
- ❑ Surface sanitation and following all posted guidelines and instructions is critical to decreasing spread of illness
 - ❑ To properly disinfect a surface, use EPA-approved disinfection products
 - ❑ Follow instructions from manufactures regarding appropriate “wet time” to ensure killing of any viruses present
 - ❑ All employees and student-athletes are expected to follow all posted signs and instructions in all athletic department facilities
- ❑ Facility Signs and Instructions
 - ❑ Signs with educational information related to COVID-19 prevention and instructions on how to follow SEU processes will be posted throughout all athletic facilities.

Addendum to Institutional Emergency Action Plans

The following procedures should be taken if any of the below scenarios occur:

- ❑ **If a student-athlete starts showing acute symptoms but has not had a positive test (CDC):**
 - ❑ Symptoms include but not limited to fever of 100.4 F or higher, dry cough, difficulty breathing, runny nose, sore throat, etc
 - ❑ Symptomatic students will be required to go to Health Services, or to their vehicle if living off campus. They will await instructions from there.
 - ❑ Coaches/student-athletes should notify medical staff immediately if not at venue
 - ❑ The attending athletic trainer shall notify athletic administrators, don PPEs and advise coach to provide guidance to ill student-athlete toward designated isolation location, typically Health Services or their vehicle if living off campus until athletic trainer arrives
 - ❑ The student-athlete will not be permitted to return to their on campus dorm at that time
 - ❑ The athletic trainer will make sure the student-athlete has their PPE and assist in direction of transport to the designated next step
 - ❑ The student-athlete will remain in isolation until a Covid-19 diagnostic test can be issued and results received per athletic department protocol

- ❑ **Privacy Concerns**
 - ❑ Notifications will be made to only appropriate personnel per Release of Health Care Information document.
 - ❑ Contact Tracing will be handled by designated campus COVID-19 case management team member



APPENDIX A

Informational Letter and FAQ

Dear Fire Student-Athletes:

The last few months have been unprecedented as our country has navigated the COVID-19 pandemic. Let me first tell you how proud I am of you and the adjustments you made during the spring semester to not only survive your classes but to thrive in the new environment of remote learning. As a result of your perseverance, our athletic department GPA was 3.1049. Congratulations on a job well done!

Most all of the questions I get from student-athletes and coaches are concerning return to campus and how we will be managing the COVID-19 situation. While it may not answer all of your questions, the purpose of this FAQ document is to inform you in a general sense how we will be addressing this issue.

The landscape has changed quite a bit since March, but we are still in the midst of a pandemic and that will affect how we go about our daily lives for the foreseeable future. You will experience changes in your residence halls, in your classes, in everyday campus life and also in our athletics operations. Masks will be required in certain venues. We'll all need to patiently work through adjustments in how we access and utilize our facilities.

While we are doing everything in our power to take the necessary precautions to ensure you are as safe as possible, the most important part of prevention in contracting COVID-19 is **YOU**. Several personal hygiene strategies have been shown to be effective in reducing the spread of COVID-19, **but they are ineffective unless each student-athlete takes responsibility for doing his or her part in protecting themselves and preventing the spread of COVID-19.**

More than ever before, you'll be required to think "team first" in all you do. Your commitment to practicing social distancing and responsibly following campus and athletic department guidelines will be vitally important to maintaining a healthy environment for you and your teammates, coaches and support staff. Your coach will connect with you on your date of return to campus, and when that time comes, it is our hope that you will feel comfortable doing so.

When you return to campus, I ask that you exercise good judgement in where and how often you travel outside of the Lakeland area. Venturing into other communities and areas where the virus is more widespread will increase the risk of bringing it back to our local and campus communities.

I care about each of you. I admire the resilience you've displayed, and I ask for your patience and cooperation when we gather again as the Fire Family. Together we will work to overcome the virus, just as you strive together to win championships.

I've missed seeing your faces and look forward to our athletic facilities being filled with the sound of laughter, hard work, and success being built each day.

See you soon!



Drew Watson
Director of Athletics

The Southeastern University Department of Athletics continues to work closely with campus officials and local and state health departments while following federal guidance pertaining to the COVID-19 pandemic. This document is designed to answer frequently asked questions concerning the return of student-athletes to campus and the resumption of athletic activity.

WHAT IS CORONAVIRUS DISEASE (COVID-19), AND WHAT ARE THE SYMPTOMS?

COVID-19 is a respiratory viral illness caused by a new virus. It is most commonly transmitted through respiratory droplets from an infected person (i.e. coughs, sneezing, nasal discharge, saliva). It may also be contracted through contact with contaminated surfaces (i.e. door knobs, counter tops, desk tops, etc).

The most common symptoms of COVID-19 include: Cough, Fever, Shortness of Breath/Difficulty Breathing, Chills, Muscle Pain, Headaches, Sore Throat, Fatigue, New Loss of Taste or Smell and less commonly Nausea, Vomiting and Diarrhea.

WHAT ARE SOME WAYS EACH STUDENT-ATHLETE CAN REDUCE THE RISKS OF GETTING INFECTED?

The most important part of prevention in contracting COVID-19 is YOU. Several personal hygiene strategies have been shown to be effective in reducing the spread of the virus, **but they are ineffective unless each student-athlete takes responsibility for doing his or her part in protecting themselves and preventing the spread.** These prevention methods include:

Social Distancing/Physical Separation (maintaining at least six feet of spacing from others)

- While social distancing is not always possible in sports, we have designed a plan within the athletic facilities to space out student-athletes as much as possible. For example, treatment tables and taping stations will be separated by six feet in the training rooms, and weightlifting stations will also be separated by at least six feet wherever possible in the weight rooms.

Face Masks

- The use of face masks has been shown to reduce the spread of respiratory droplets from one person to another, especially in those individuals who may have an asymptomatic infection. Student-athletes will be required to wear masks in certain SEU athletic facilities unless physical activity requires removal. Masks will be provided to all student-athletes at move-in.

Handwashing and Cough/Sneeze Etiquette

- Student-athletes are encouraged to wash their hands frequently. Hand sanitizer is stationed throughout the facilities for easy access.
- Coughing and sneezing into your arm or sleeve, particularly if not wearing a mask, will reduce the spread of respiratory droplets in the air

Stay at Home if You're Sick

- We are asking student-athletes not to come to the athletic facilities if they are sick. Instead, they will be instructed to call their athletic trainer and schedule an appointment to be evaluated by the medical staff/athletic trainer and then possible referral to appropriate medical providers. This process helps reduce interaction of sick student-athletes with those who are well.

Disinfection and Sanitation

- All athletic facilities are cleaned daily with approved disinfectants. This includes all shared equipment before and after it is used by a student-athlete. Hand Sanitizing stations and fogging machine protocols are being implemented at athletic, residence hall, academic, and dining locations on campus.

WILL ALL STUDENTS RECEIVE EDUCATION ON LOWERING RISK AND NEW CAMPUS POLICIES?

Yes. Student-athletes will go through a pre-arrival to campus, web-based meeting with members of the athletic training staff, administrators, and coaches. This meeting will be the start of a consistent effort by the department to provide educational opportunities for students to obtain information on what the expectations will be as we start the fall semester.

WILL STUDENT-ATHLETES BE TESTED FOR COVID-19 WHEN THEY ARRIVE ON CAMPUS?

Yes. The details of how we will be testing are being worked out and will be announced as soon as they are finalized.

Future COVID-19 testing will occur for anyone who presents with symptoms worrisome for an infection. Screening tests for teams throughout the season may occur and will be guided by Southeastern University, Sun Conference, Mid-South Conference and National Association of Intercollegiate Athletics (NAIA) guidelines.

Additionally, we plan to administer proactive testing on all staff members who may interact with student-athletes.

WILL THERE BE DAILY HEALTH SCREENINGS FOR STUDENT-ATHLETES?

Yes. Each student-athlete will complete a questionnaire screening for any symptoms of COVID-19 or possible exposure both before they get to campus and after arrival. Additionally, one's temperature will be checked by a sports medicine staff member or other staff member of the athletic department each day. If a student-athlete were to have symptoms or an elevated temperature, he/she will return to the residence hall or his/her vehicle (if lives off-campus) and wait for a phone call from the athletic trainer for an appointment with the team physician to be evaluated. Staff members (i.e. coaches, support staff) will follow the university's daily screening policy.

WHAT HAPPENS IF A STUDENT-ATHLETE IS ILL AND TESTS POSITIVE FOR COVID-19?

Any student-athlete who presents with signs/symptoms of COVID-19 will be evaluated by referred medical personnel in communication with the athletic training staff and testing will be performed, if appropriate. If a test is positive, the student-athlete will be isolated and treated as outlined by CDC guidelines and University policy. Isolation will either occur after being sent home (for those who live within a few hours of campus) or in a residence hall assigned by the University. Should the student-athletes live locally off campus, they will be isolated there.

Frequent follow-up of the student-athlete will be done by the sports medicine staff. In addition, other individuals who are determined to be close contacts of the infected student-athlete may also be isolated, tested, and monitored for symptoms of COVID-19.

WILL ALL STUDENT-ATHLETES ARRIVE AT THE SAME TIME TO START SPORT TRAINING?

No. Student-athletes will arrive on-campus in a phased approach throughout the month of August. Student-athletes will arrive on designated dates so that the university personnel will be able to effectively welcome you to campus. Your coach will provide specific information on your team's reporting date and expectations surrounding move-in day.

You may have many other questions concerning our plans for the return of student-athletes to campus that are not addressed in this document. We are available to answer those questions. If you have specific inquiries, please contact the athletic trainer for your sport.

As a reminder, the landscape of return to campuses across the country is an ever-changing environment. This document, as well as specific return to campus protocols, will continue to be modified in accordance with recommendations and mandates set forth by the CDC, State of Florida Health Department, Polk County Health Department, The Sun Conference, The Mid-South Conference, and the NAIA.

APPENDIX B

Return to Campus Health/Exposure Screening

Student-Athlete/Staff COVID-19 Screening

Name: _____
Last
First
Middle

SEU ID#: _____ Date of Birth: _____ Age: _____ Cell Phone: _____
(MM/DD/YYYY)

Gender: Male Female Sport(s): _____

Please complete this form to assess your potential exposure/possession of COVID-19 and other illnesses.

Are you currently free from illness? Yes No

During your time away from SEU or since March 15, 2020, did you experience, or are you currently experiencing any of the following:

SYMPTOM	YES	NO	LENGTH OF SYMPTOM	EXPLANATION
Fever				
Body Chills				
Extreme Level of Fatigue				
Cough				
Pain / Difficulty Breathing				
Shortness of Breath				
Sore Throat				
Body / Muscle Aches				
Loss of Taste				
Loss of Smell				
Changes to Vision / Eye Discharge				



QUESTION	YES	NO
2-14 days prior to experiencing these symptoms, did you experience a suspected exposure to COVID-19?		
Have you had any direct contact with anyone who lives in or has visited a place where COVID-19 is spreading and/or is an area reporting an increased number of COVID-19 cases (i.e. "hot spots")?		
Have you had any direct contact with someone that has a suspected or lab confirmed case of COVID-19?		
During your time away from SEU, did you self-quarantine due to suspected symptoms or exposure of COVID-19?		
During your time away from SEU, have you been living in, or have visited an area reporting an increased number of COVID-19 cases (i.e. "hot spots")?		

Have you previously been or are you currently diagnosed with COVID-19?

YES NO DATE OF DIAGNOSIS: ____/____/____

Do you have medical documentation to support your diagnosis and treatment of COVID-19?

YES NO PHYSICIAN NAME: _____ PHYSICIAN LOCATION _____

Please list any countries/states/cities you have traveled to since March 15th, 2020 and the dates you were there:

- 1. _____ Dates: _____
- 2. _____ Dates: _____
- 3. _____ Dates: _____

Student-Athlete Signature: _____ Date: _____

Parent Signature (If under 18): _____ Date: _____